

VILLA ROMA-OCT. 4TH –8TH. COST IS \$520.00- An exclusive resort in the Hudson Valley has 10 openings. If interested in this trip, please come in with a \$150.00 deposit. An additional deposit of \$150.00 is due on July 1 and balance of trip on August 30.

July 6, Rose Lummus Canal Boat Ride, & tour of Medina Stone Farm.(a Civil War-era farmhouse, stable and heritage barn. Meet Reb & Yank, our famous mules (formerly packet boat pullers). Lunch & entertainment is included. Cost is \$91.00

Art Park– July 26th– Big Bands– Cost is \$20.00 plus bus.

LOOKING AHEAD..In August, a “Get to know Buffalo Tour’ by visiting historic sites, grand old homes, Erie Basin Marina & more.

SIGNS OF A STROKE

Sometimes symptoms of a stroke are difficult to identify. Unfortunately, the lack of awareness spells disaster. The stroke victim may suffer severe brain damage when people nearby fail to recognize the symptoms of a stroke.

A neurologist says that if he can get to a stroke victim within 3 hours he can totally reverse the effects of a stroke totally. The trick is getting a stroke recognized, diagnosed, and then getting the patient medically cared for within 3 hours.

Doctors say a bystander can recognize a stroke by asking 3 simple questions:

*Ask the individual to **SMILE**

*Ask the person to **TALK** and **SPEAK** a SIMPLE SENTENCE.

*Ask him or her to **RAISE BOTH ARMS**

*Another sign of a stroke is this– Ask the person to stick out their tongue. If the tongue is crooked and goes to one side or the other, that is also an indication of a stroke.

If he or she has trouble with ANY ONE of these tasks, call 911 immediately and describe the symptoms to the dispatcher.

SUMMER BAND CONCERTS IN THE TOWN COMMON GAZEBO

Thursday, July 1- “404”-Rock
7:00 p.m. (no rain date)

Saturday, July 3rd– Independence day parade.
9:00 a.m.

Tuesday, July 6– Nan Hoffman & Joe Tumino– Folk/Acoustic Music 7:00 p.m.
(no rain date)

Tuesday, July 13– Friends of Harmony– Barber-shop- GI Historical Society Root Beer Float Fund Raiser

(Rain date– Thursday, July 15th)

Tuesday, July 20– 7:00 p.m.– Glenn Wallace- “G Force” Top hits medley
(rain date– Thursday, July 22)

Tuesday, July 27– 7:00 p.m.– The Roadrunners– Oldies

(Rain date– Thursday, July 29)

Medicare and the New Health Care Law

More affordable prescription drugs...

If you enter the Part D this year, you will receive a one time, \$250 rebate check if you are not already receiving Medicare Extra Help.

Important new benefits to help you stay healthy...

Next year you can get free preventive care services like colorectal cancer screening and mammograms. You can also get a free annual physical to develop and update your personal prevention plan based on current health needs.

Improvements to Medicare Advantage

Today, Medicare pays Medicare Advantage insurance companies over \$1,000 more per person on average than Original Medicare. These additional payments are paid for in part by increased premiums by all Medicare beneficiaries—including the 77% of seniors not enrolled in a Medicare Advantage plan.

*The new law levels the playing field by gradually eliminating Medicare Advantage overpayments to insurance companies.

*If you are in a Medicare Advantage plan, you will still receive guaranteed Medicare benefits.

*Beginning in 2014, the new law protects Medicare Advantage members by taking strong steps to ensure that at least 85% of every dollar these plans receive is spent on health care, rather than administrative costs and company profits.